

CULINARY SAFARI

To Sri Lanka

February '25 : 12 Nights / 13 Days

Negombo | Bentota | Ella | Nuwara Eliya | Kandy | Dambulla | Colombo

Day 1

- Arrival from Toronto to Colombo.
- Transfer to **Goldi Sands Hotel, Negombo**
- Get over Jet-lag over 20 hours of flying (B)



Goldi Sands is a glamorous iconic hotel nestled on the golden beaches of Negombo. Just imagine staying in a hotel that's right on the beach, just next to the Indian Ocean... and what a wonderful feeling knowing that the beach is all yours anytime of the day or even the night.

Day 2

- After breakfast, food **demonstration** and **Lunch - Goldi Sands**
- Dinner demonstration at **Club Ceylon, Negombo**



Locally popular as Lellama (Lel-La-Ma), it is the second largest fish market in the country. It is situated at the north end of the Negombo Lagoon and can be seen across the lagoon bridge. Approximately 4,000 boats depart to sea from here every day. Starting from 3:30am, the market is busy and thriving throughout the day, with individuals vending and bargaining over fish.

Day 3



- Travel down to **Club Bentota** on Highway E1
- Food Demonstration - Dinner



Club Bentota is built in 1982 by South African architect, John Drake on a peninsula referred to as "Paradise Island" and is between the Indian Ocean and the Bentota River. Guests are welcome to have fun under the sun with jet skiing, windsurfing, beach volleyball, river boat cruises and many more.

Day 4 & 5

- Travel to Ella area
- Stay at **Melheim Resorts & Spa, Beragala** with food demonstrations (2N)



Melheim Resorts & Spa, Beragala

Experience a blend of warm Sri Lankan hospitality and the luxury of utter relaxation. Embrace the beauty of nature as you rest at this resort boutique nestled among tea plantations and forests. Soak in the beauty of the nature that surrounds you.

Explore Ella

📍 *Nine Arch Bridge*

The glorious Nine Arch Bridge between Ella and Demodara station is one of the engineering marvels in the early 20th century. This bridge, which is almost 100 years old, has been built with blocks of stone and cement without any strengthening iron or concrete. The giant arches take the bridge on a curved path to link to the mountains. The Bridge was commissioned in 1921 under the British Government.

The Construction of this bridge comes with an interesting story.....

Once the World War I broke out and the steel consignment allocated for this site was seized and used for war-related projects. When the work came to a stoppage, the Sri Lankan (named Appuhami) came forward and built the bridge with solid stone bricks and cement without steel.



📍 *Flying Ravana Mega Zipline*

Looking for an adrenaline kick you'll never forget? Soar through the air on South Asia's fastest mega zip line offered by Flying Ravana – a hair-raising ride you have to experience to believe.

Flying Ravana is Sri Lanka's first-ever mega dual zip-line, located amidst the lush green estates of Ella, Sri Lanka. (near Little Adams Peak – Ella's main attraction) The two-wire zip-line stretches for more than half a kilometre (Length 550m), slides at max 80kmph, and offers a bird's-eye view of the beautiful hills of the island. This 1-hour Flying Ravana Experience gives you an exclusive adventure enthusiast experience.



Day 6



- Travel to Nuwara Eliya by train.
- Stay at **Ashford Hotel**



Ashford Hotel is located in the foothills of the scenic Hakkala Mountains, 2 km from Lake Gregory. It offers a 24-hour reception and a restaurant serving international and Sri Lankan cuisine.



Nuwara Eliya

Travelling through winding roads and lush green valleys, tea estates situated on the slopes and banks of the hills, with tiny streams and waterfalls and the beautiful misty mountains, one can arrive at Nuwara Eliya town which offers you everything, as any other town does and more.

The most popular season is from March to May and August to September when people flock to Nuwara Eliya in search of a cool climate and fun.

It has a unique climate and is often covered with an early morning mist. The cold, tangy air and fresh, invigorating atmosphere offer a typical English environment. Nuwara Eliya, which is situated among some of the most beautiful tea estates also has a Golf course, race Course, horses, Rose gardens and British-style houses which all add up to a perfect vacation retreat, offering a level of perfection.



Day 7 & 8

- Travel via Tea Plantations to Kandy.
- Check in at **Suisse Hotel**.
- Few site visits in the area including Victoria Dam
- 2 Nights at Suisse with food demonstrations.



 **Hotel Suisse, Kandy** captures the area's rich history and charm, situated in the heart of Kandy facing the romantic promenade of Kandy Lake.

Kandy

Sri Lanka's second largest city after Colombo, located in the central hills, Kandy is a historic city of the highest religious and cultural importance. It was the last capital of Sinhalese kings until it fell into the hands of the British in 1815. Kandy remains the most sacred Buddhist site in Sri Lanka, perhaps the religious capital of Buddhism since it is the home of the Temple of the Sacred Tooth Relic (Sri Dalada Maligawa)- the most venerated Buddhist shrine in the world - and this historic sacred site was declared a world heritage site by UNESCO in 1988.



Victoria Dam

Considered the crown jewel of the Mahaweli Development Project, The Victoria Dam (the tallest Dam in Sri Lanka) is built at a deep valley just above the Victoria Falls rapids and 300 meters below the point where the Hulu Ganga meets the Mahaveli River. The construction of the dam began in 1978 and was ceremoniously opened in 1985 which was graced by Margaret Thatcher, then prime minister of the UK. The funding, design and technical expertise were provided by the United Kingdom and the project's most memorable event was recorded when Her Majesty, Queen Elizabeth II visited the construction site on October 24, 1981.



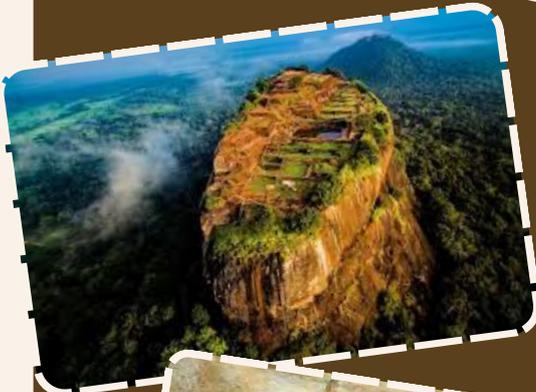
Day 9 & 10



- Travel to Sigiriya Area
- Stay 02 nights at **Hotel Elephas**

📍 Discover exceptional hospitality at [Elephas Resort & Spa](#), a luxury hotel near Sigiriya Lions Rock. Experience adventure and natural beauty.

📍 Sigiriya



Sigiriya, often referred to as the "Eighth Wonder of the World," is a UNESCO World Heritage site that stands as a testament to Sri Lanka's ancient ingenuity. This massive rock fortress, built by King Kashyapa in the 5th century to hide from his brother's attacks, towers 200 meters above the surrounding jungle. After the king's death, the Sigiriya named as a Buddhist monastery until the 14th century. As you ascend its steep stairways, you'll encounter breathtaking frescoes, the famous Mirror Wall, and remnants of royal gardens. At the summit, explore the ruins of an ancient palace while enjoying panoramic views of the lush countryside. Sigiriya combines history, art, and nature, offering an unforgettable experience for all who visit.

Day 11 & 12

- Travel down to Colombo via Elephant Orphanage
- Stay at **NH Collection (Movenpick)**



 **NH Collection Colombo** offers extraordinary stays in the heart of the city. Settle into unparalleled comfort in bright and spacious rooms and suites offering stunning views of the city and the Indian Ocean.

Pinnawala Elephant Orphanage



Pinnawala Elephant Orphanage is a heartwarming sanctuary nestled along the banks of the Maha Oya River, dedicated to the care and conservation of Sri Lanka's majestic elephants. Home to the largest herd of captive elephants in the world, this unique haven allows visitors to witness these gentle giants up close as they roam, feed, and bathe in the river.

A visit to Pinnawala offers an unforgettable opportunity to learn about elephant conservation, interact with playful calves, and experience the awe-inspiring sight of an elephant procession through the lush landscape. A perfect blend of wildlife, conservation, and adventure!



Day 13



- Departure from Colombo Air port.

Colombo

Colombo, the vibrant capital of Sri Lanka, is a bustling metropolis where modernity meets tradition. This dynamic city offers a captivating blend of colonial-era landmarks, colourful markets, and sleek high-rises. Stroll along the scenic Galle Face Green as the sun sets over the Indian Ocean, explore the vibrant Pettah market, or visit cultural gems like the Gangaramaya Temple and the National Museum.

With its eclectic dining scene, luxury shopping, and lively nightlife, Colombo provides an exciting urban experience that showcases the heart and soul of Sri Lanka's culture and history. Perfect for those seeking adventure, relaxation, or a bit of both!



Documentation Checklist

- *Travel Insurance*

Ensure all participants have valid travel insurance covering the duration of the trip. Provide information on recommended providers and policies that cover health, cancellations, and trip interruptions.



- *Visa Requirements*

Check visa requirements for all participants and ensure applications are submitted in advance.



- *Itineraries*

Distribute detailed itineraries to all participants, including daily schedules, activity descriptions, and contact information for guides and chefs.



- *List of emergency contacts*

Provide a list of emergency contacts, including local guides, hotels, and health services in each location.





Thank You.